

# YOGA TRACK

## Timetable February 2012

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**Monday** 6:15-7:45pm Level 2 Claire

8:00-9:00pm Beginners 10 Week Course  
Starts 6 Feb, cost \$160 Claire

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**Tuesday** 6:15-7:30pm Beginners 10 Week Course  
Starts 7 Feb, cost \$160 Chia

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**Wednesday** 6:30-8:00am Levels 1 and 2 Claire

6:15-8:00pm Levels 1 and 2 Don

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**Thursday** 6:30-8:00am Levels 1 and 2 Gary

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**Saturday** 8:00-9:15am Beginners 10 Wk Course  
starts 4 Feb, cost \$160 Gary

9:30-11:15am Levels 1 and 2 Don

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**Sunday** 9:00-10:30am Levels 1 and 2  
Starts 12 February Chia

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